

SCHOOL LUNCH BOX PLANNER



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Choice Week 1	<p>Beef Burger in a Bun with Cheese</p> 	<p>Chicken Tikka Masala with Naan Bread</p> 	<p>Roast Beef with Gravy</p> 	<p>Sausage and Penne Pasta with Tomato Basil Sauce</p> 	<p>Breaded Chunky Fish Fingers</p> 
Sides	<p>Seasoned Wedges and Vegetables</p> 	<p>Rice, Cauliflower and Broccoli</p> 	<p>Roast Potatoes, Yorkshire Pudding and Mixed Vegetables</p> 	<p>Mixed Vegetables</p> 	<p>Mushy Peas, Sweetcorn and Chips</p> 
No Meat Choice	<p>Baked Macaroni & Cheese Pasta</p> 	<p>Quorn Bites</p> 	<p>Vegetables, Vegetable Fingers</p> 	<p>Penne Pasta with Tomato Basil Sauce</p> 	<p>Jacket Potato with Cheese & Baked Beans</p> 
Desserts 50/50	<p>Vanilla Muffin</p> 	<p>Chocolate Brownies</p> 	<p>Apple Crumble with Low Sugar Custard</p> 	<p>Old School Sponge Cake with low sugar Custard</p> 	<p>Chocolate Chip Biscuits with Fresh Milk</p> 

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Choice Week 2	<p>Battered Chicken Bites</p> 	<p>Mince Steak Dumplings</p> 	<p>Roast Gammon</p> 	<p>Chicken Korma</p> 	<p>Salmon and Sweet Potato Fishcakes</p> 
Sides	<p>Mix Vegetables, Broccoli</p> 	<p>Seasoned crispy potato cubes, cauliflower</p> 	<p>Roast Potatoes, Carrots and Gravy</p> 	<p>Boiled Rice with Mixed Veg</p> 	<p>Chunky Fries and Baked Beans</p> 
No Meat Choice	<p>Penna Pasta with Tomato Basil Sauce</p> 	<p>Jacket Potato with Cheese and Beans</p> 	<p>Vegetable Pasta Bake</p> 	<p>Quorn Bites</p> 	<p>Vegetarian Fish Fingers</p> 
Desserts 50/50	<p>Chocolate Pudding with Low Sugar Chocolate Sauce</p> 	<p>Rice Pudding with Jam</p> 	<p>Strawberry Jam Sheet Cake</p> 	<p>Crunchy Oat Biscuits</p> 	<p>Choco Chip Muffins</p> 

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Choice Week 3	<p>Oven Baked Pork Sausage</p> 	<p>Penne Pasta Bolognese with Cheese</p> 	<p>Battered Chicken Fillets</p> 	<p>Braised Beef Pie</p> 	<p>Battered White Fish Fillets coated in Butter</p> 
Sides	<p>Mashed Potatoes and Gravy</p> 	<p>Garlic Bread and Mixed Vegetables</p> 	<p>Seasoned Wedges, Peas, Sweetcorn</p> 	<p>Sauteed Potatoes, Gravy, Carrots and Green Cabbage</p> 	<p>Seasoned Potato Wedges, Baked Beans</p> 
No Meat Choice	<p>Free Range Cheese Omelette</p> 	<p>Baked Potato with Tuna Mayo</p> 	<p>Quorn Bites</p> 	<p>Quorn Sausage</p> 	<p>Spaghetti Pasta</p> 
Desserts 50/50	<p>Marble Cake with Low Sugar Chocolate Custard</p> 	<p>Oat Biscuits with Milk</p> 	<p>Chocolate Rice Krispie Cakes</p> 	<p>Sticky Sponge Cake</p> 	<p>Chocolate Chip Muffin</p> 

